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Download PDF Online Book 10 Day Green Smoothie Cleanse: 50 New and Fat Burning Paleo Smoothie Recipes for your Rapid Weight Loss Now Scott Green Free eBook PDF/ePub/Mobi, Strawberry Coconut Almond

8-10 small frozen strawberries

3 fresh strawberries

1 c. coconut milk

1 t. almond butter

1 t. honey

Chocolate Avocado

1 avocado

2 frozen bananas

1/2 c. frozen or fresh raspberries

1-2 T. unsweetened cocoa powder

2 c. almond or coconut milk

Cinnamon Coconut Banana

1/2 c. coconut milk

4 large egg yolks

1 medium banana

1/4 c. ice

1/2 t. cinnamon

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