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People everywhere are craving super-simple recipes with short ingredient lists, and Hungry Girl has come to their rescue with *Hungry Girl Simply 6: All-Natural Recipes with 6 Ingredients or Less!* For the first time ever, chapters are organized by main ingredient—like CHICKEN, VEGGIES, EGGS, OATS—making it easy to find EXACTLY what you need. Featuring familiar ingredients and just a few simple steps, these recipes put everyday smart eating BACK on the table!

Featuring:

- 95 GLUTEN-FREE recipes
- 28 SHEET-PAN recipes
- 91 VEGETARIAN recipes
- 27 recipes in 15 MINUTES OR LESS
- 59 recipes in 30 MINUTES OR LESS
- 18 NO-COOK recipes

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