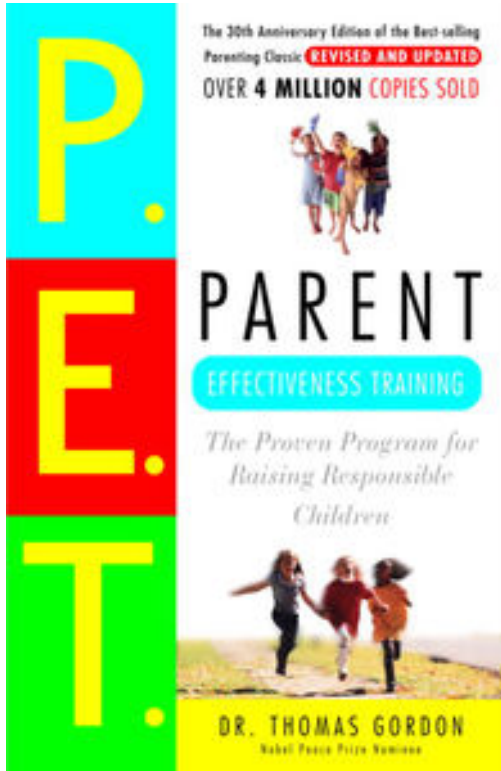


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Download PDF Online Book Parent Effectiveness Training Dr. Thomas Gordon Free eBook PDF/ePub/Mobi, Learn to more effectively resolve conflicts, communicate, and create loving relationships with your children with the help of this relevant, practical guide to parenting.

Now revised for the first time since its initial publication, this groundbreaking guide will show you how to avoid being a permissive parent, how to listen so kids will talk to you and talk so kids will listen to you, how to teach your children to "own" their problems and to solve them, and how to use the "No-Lose" method to resolve conflicts.

Using the timeless methods of P.E.T. will have immediate results: less fighting, fewer tantrums and lies, no need for punishment. Whether you have a toddler striking out for independence or a teenager who has already started rebelling, you'll find P.E.T. a compassionate, effective way to instill responsibility and create a nurturing family

environment in which your child will thrive.

P.E.T., or **Parent Effectiveness Training**, began almost forty years ago as the first national parent-training program to teach parents how to communicate more effectively with kids and offer step-by-step advice to resolving family conflicts so everybody wins. This beloved classic is the most studied, highly praised, and proven parenting program in the world--and it will work for you.

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