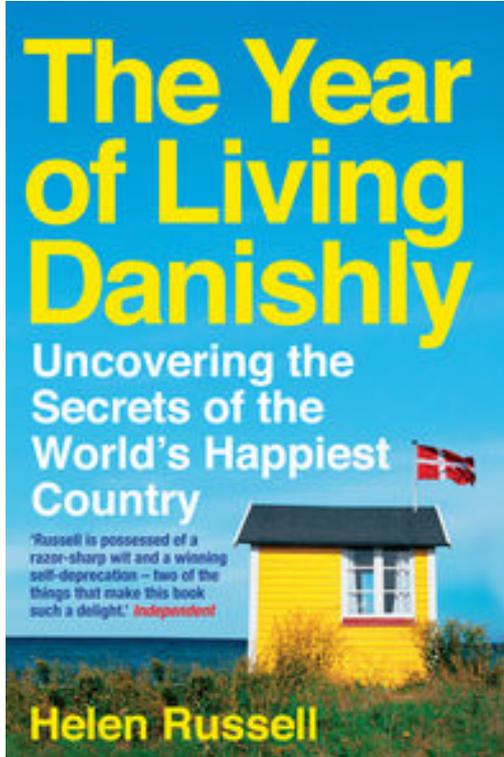# Download PDF Online Book The Year Of Living Danishly - Helen Russell Free EBook PDF/ePub/Mobi

Download PDF Online Book The Year of Living Danishly Helen Russell Free eBook PDF/ePub/Mobi, **'A hugely enjoyable romp through the pleasures and pitfalls of setting up home in a foreign land' PD Smith,** *Guardian*

When she was suddenly given the opportunity of a new life in rural Jutland, journalist and archetypal Londoner Helen Russell discovered a startling statistic: the happiest place on earth isn't Disneyland, but Denmark, a land often thought of by foreigners as consisting entirely of long dark winters, cured herring, Lego and pastries.
What is the secret to their success? Are happy Danes born, or made?

Helen decides there is only one way to find out: she will give herself a year, trying to uncover the formula for Danish happiness. From childcare, education, food and interior design (not to mention 'hygge') to SAD, taxes, sexism and an unfortunate predilection for burning witches, *The Year of Living Danishly* is a funny, poignant record of a journey that shows us where the Danes get it right, where they get it wrong, and how we might just benefit from living a little more Danishly ourselves.

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